SAMPLE E-BOOK

E-BOOK OF

VOCABULARY

WITH

MNEMONICS

VOL-1

With India`s Renowned Mind Power Trainer

Virender Mehta

SHABAASH INDIA

BOOK OF WORLD RECORDS Limca

WORLD RECORD HOLDER IN MEMORY
for memorizing Oxford Dictionary with Page nos.

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Title: E-BOOK OF VOCABULARY WITH MNEMONICS VOL-1

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Note: For easy learning of different types of information related to few events, religion, famous personalities etc, author has used some ridiculous associations. There is no meaning of it except learning the related information.

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Introduction

E-BOOK OF VOCABULARY WITH MNEMONICS VOL-1

From Editor desk

Enough has been written about the utility of vocabulary in our routine life or for competitive exams but still vocabulary is an area which scares people the most. Students generally have a sort of phobia from English vocabulary. For them, Words sometimes become mere symbols written on the black board. But here, we would invite you to the world where words play with you, come alive and stop being mere symbols written on the black board and lead you to the virtual tour of intellectual journey where word power building fascinates you, thrills you and become very simple and easy to deal with. Our mind operates very fast and has a variety of operational properties and we have tried our level best to make the reader to use his hidden potential.

This E-Book contains mnemonics (memory aid) to memorize vocabulary especially for aspirants of competitive exams. This is the E-Book designed by Virender Mehta due to receiving numerous request mails to develop mnemonic list for Barrons Dictionary for competitive exams, he is sharing this important E-Book with the readers. The Words described in this E-Book are extremely beneficial for the aspirants of all competitive exams. The reader for sure would enter into the world of enchantment for word power with our author Virender Mehta.

Some of the significant features of this E-book in the field of vocabulary building are as following:

- These mnemonics sharps the memory and increase the mental agility.
- These vocab mnemonics enhance the precision of our word power and imagination skills.
- Our short term and long term memory both are activated by these mnemonics.
- This method boost our self confidence.
- We can enhance our narrative capabilities by memorizing these words.
- This Vocab building technique offer a very different approach to English language, that is both powerful and fun.
- If you practice these vocab mnemonics regularly, then you can save your time and energy during competitive exams where time management is the success mantra.
- This E-Book create a very powerful word bank of Barrons word which is very helpful for news paper reading, watching electronic news, Books and Literature reading etc.
- Every effort has been put to encourage mental activity.

Mnemonic method to memorize vocabulary (A MUST READ)

Mnemonic is a powerful memory aid to memorize any information with some link words. And vocabulary is a set of abstract words. All the words are non tangible in nature. As we know that our brain is not capable to memorize abstract information. We need to convert the abstract language into brain language. This can easily be done with the help of encoding method and then, we can link the meaning of the word with the encoded word of given word. This process is basically concerned with the photographic memory. We are supposed to bring clarity in our visualization system. We require a great expertise to master this methodology. The link word of the given word is also called Key word. Following are some of the rules for making these key words:

Select one word to represent a longer thought or several subordinate thoughts.

1. *Generate your own keywords.*
2. *Construct a mental image of the keyword & the word to learn.*
3. *Keyword and word should be linked with the mental image.*
4. *Keywords should be visualizable.*
5. *Keywords should be interactive.*

Let us take an **example** of the word **persuade** that means **to convince or to influence**.
Now, we can easily encode the word persuade into **purse** (mnemonic) with the help of encoding method.
Now, we can imagine that a woman is being persuaded to buy a purse. ***Please practice this imagination exercise vividly.***
With the same method, we can memorize all words of English Language.

Format of Word with meaning, mnemonic and usage in this E-Book

In this E-book, word is written with normal font, meaning with *italics font*, mnemonic is given in brackets (…....) and the usage of word with mnemonic is given with red color.

EXAMPLE

Scurry *to run with quick short steps* (hurry, curry)
You scurry in hurry for curry.

Laborious (Labor)
taking a lot of time and effort
A Labor is lifting lots of bories (in hindi). So, he is a laborious person.

Assiduous (ass)
Very hard working and taking great care that everything is done
This Ass is very assiduous.

Sagacious (saga)
showing good judgment and understanding
Your grandmother is narrating the saga of sagacious man.

A Word can have multiple meanings in dictionary but in this e-book, our motive is to memorize the single meaning of word with mnemonic. Reader can apply the same mnemonic methodology to memorize multiple meanings.

A

1. abbreviate ('ate' part of abbreviate-when you eat anything, you reduce its quantity or you shorten it)
shorten
The minister abbreviated his speech so as to save time and ate his lunch in the meantime.

2. abate ('ate' part of abate as in above example)
subside or moderate
Weather has no sign of abating; better we should eat our food as early as possible.

3. abortive (abortion is a common word which means to end pregnancy deliberately)
unsuccessful; fruitless
We altered our abortive attempts of premature abortion.

4. absolute (solute rhymes with salute)
complete; totally unlimited; certain
we salute the absolute power.

5. abstract (track rhymes with 'tract')
theoretical; not concrete; non-representational
we tracked the percentage of abstract emotions like love,anger,ego etc in human personality.

6. abusive (ab+use- 'ab' is a prefix generally used in negative sense)
coarsely insulting; physically harmful
I could not stand him using abusive language, so i left the party soon.

7. accelerate('rate' at which a vehicle moves)
move faster
The thief accelerated the speed of his bike at the rate of 90kms/ hr as soon as he saw the policeman.

8. accessible (access+able)
easy to approach; obtainable
The home minister is not an accessible person, you won't be able to meet him easily.

9. accessory (to access all accessories of a shop)
additional object; useful but not essential thing
He tried to access the girl with an attractive piece of accessory but she declined his proposal.

10. abscond (Iscon temple)
depart secretly and hide
The robber absconded with the jeweler and hide in Iscon Temple.

11. aberrant (rent)
abnormal or deviant
As the tenant did not pay rent in time, the behavior of landlord became aberrant.

For rest of the words purchase this E-book Vol-1 containing 1500 words & E-Book Vol-2 containing around 2000 words from Barron's word list

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E-Book of Vocabulary with Mnemonics

E-BOOK OF
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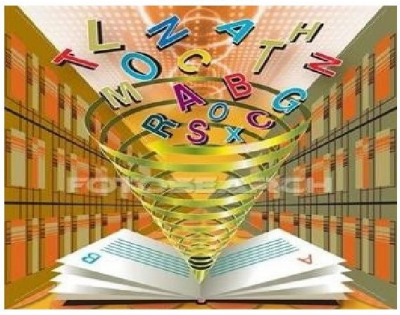
WITH
MNEMONICS

VOL-1



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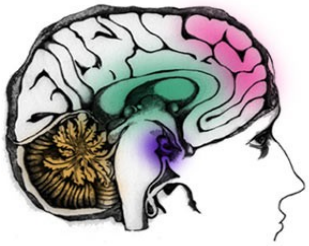


SUPER MEMORY POWER WORKSHOP

With India`s Renowned Mind Power Trainer

Virender Mehta

SHABAASH INDIA

BOOK OF WORLD RECORDS Limca

WORLD RECORD HOLDER IN MEMORY
for memorizing Oxford Dictionary with Page nos.

Workshop Outline

Virender Mehta's Super Memory Power Workshop has significantly enhanced the Memory Power of millions of people in India.

Introduction

"It is highly unfortunate on the part of human race that they are unable to recognize their hidden potential. They are only using one out of lakh part of their capabilities and even by using this very part, they are today counted in the list of highly sage people," says Swami Vivekananda.

The invaluable gift Brain is given to us by God, but we are ignorant to use its capacities effectively. There is no limit to the power of human mind. The more concentrated it is, the more power is brought to bear on one point, that is the secret. You will learn from the workshop to make the effective use of your God gifted equipments.

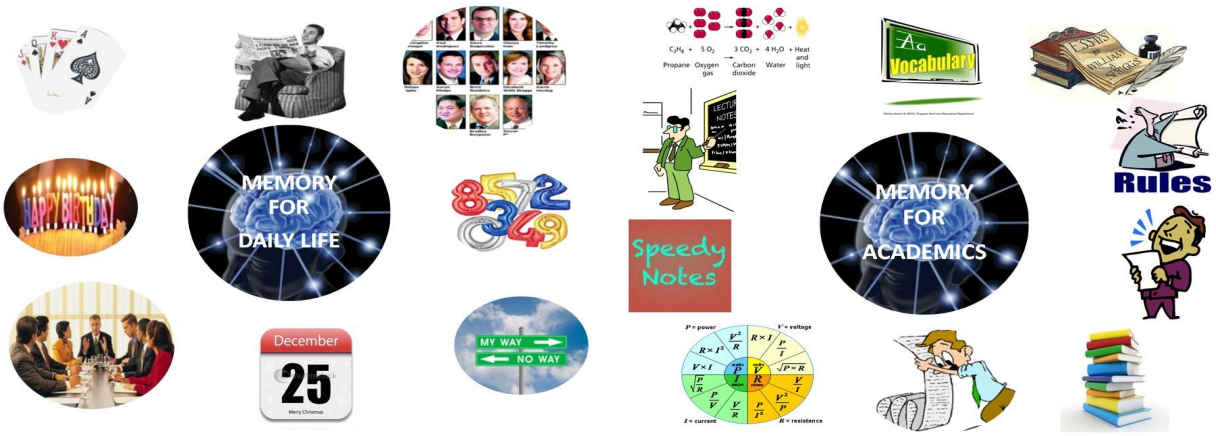
Workshop Objectives

- Building strong memory power
- Stress Management
- Building self confidence and self dependence
- Personality development
- Unleash hidden potential
- Enhancing IQ, EQ and SQ (spiritual quotient)
- Emotional intelligence
- Building positive attitude
- Waxing cognitive abilities
- Soft Skills development

HUMAN MEMORY DEVELOPMENT

Memory is very important and powerful asset of our life. This is the greatest power of our mind. We can easily say that it is the utmost treasure gifted to us by God. But, unfortunately people are using just a small percentage of their memory. Memory is pivotal in all facets of life. Now, the fact which we need to understand is that every body has unlimited memory but to use memory in maximum percentage is an art that must be learned. Memory is important for all age people. This memory workshop reveals the best memory methods ever devised. You will learn the ancient techniques given by the Romans and Greeks to create harmony between two spheres of brain thus, enabling you to use them to tackle your routine tasks and challenges. Invite this faculty of mind to your life and know thyself and your abilities which is the purpose of everyone's life.

Contents of Workshop:



- Basics of memory
- Self hypnosis & NLP system
- Exercises to boost concentration and observation power
- Stress releasing exercises
- Memory mechanism
- Encoding & Association method of memory: How to memorize foreign languages, spellings, GK & names-faces.
- Link method of memory: How to memorize shopping lists, list of words etc.
- Peg & Phonetic method of memory: How to memorize telephone numbers, numerical data, birthdays, historical events, values, numbers and Calendar memory.
- Loci method of memory: How to memorize time tables, meetings & appointments.
- Journey method of memory: How to memorize speeches, lectures, presentations & mind diagrams.
- Designing speedy notes
- Speedy Calculation for competitive exams based on Vedic Math

Methodology of Workshop

Visual / Audio Presentations

Memory Workshop Kit

Workshop material includes Memory Kit comprising of Memory book & Shree Chakra Poster.

Invite us for workshop

Would you like us to do Memory Power Workshop to your institute, group, society, organization or company? Invite us to give an explanatory, in depth presentation on Memory Power to improve the quality of individual life by waxing your Intelligence and Emotional Quotient. Let Virender Mehta, the Facilitator of the Memory Power Workshop, entertain you and recharge your life stream with his energy, humor and enthusiasm. His easy, professional air achieves immediate rapport with any audience, and he is the walking model of workshop itself. At the end of workshop, you are guaranteed to feel dynamically empowered and happily alive. In a world filled with needless discord, pollution, accidents and disease, there is an urgent need for people to use 100% of their human potential. If old patterns of behavior are not bringing you favorable results, then practice and establish new patterns of behavior.

Who can attend this workshop?

- Students, Teachers, Professionals, Businessmen, Housewives
- Though age is not a restraint but minimum age for attending this workshop is 7 yrs and maximum has no limits.

Benefits of Memory Power Workshop

6. Improve productivity by powerful memory management techniques
7. Achieve powerful focus, concentration and improve work and study performance
8. Achieve positive attitude towards learning, memorizing and retaining information
9. Come out of absent-mindedness forever
10. Save time and mental energy
11. Achieve perfection in skimming techniques to deal with different types of written materials
12. Achieve perfection in vocabulary building and enhance your reading speed
13. Achieve the productivity mindset that will help you to accomplish tasks and achieve your targets
14. Achieve the power of affirmation & visualization
15. Learn smart techniques to remember sales presentations, names and faces and personal details of prospects and clients
16. Learn tips to manage workload and reduce stress
17. Coming out ‘excuses syndrome’ – a big barrier for momentum
18. Development of faculty and employees of respective institute.
19. Effective absorption of information from workshops, seminars and training programs

Profile of Virender Mehta (Trainer Speaker & Author)

Impossible is a word found in the dictionary of fools goes a famous saying. Who could think in dreams that born in a below average family to a watch maker for whom earning bread and butter was always a question, would bring national and international repute not only to the family, but his society and nation as well. And of course, heroes always emerge from adverse circumstances and the life history of Mr. Virender Mehta is the greatest evidence of this fact.

He made every face turned towards him by turning impossible into possible. He created his own destiny because of his desire to overcome his weaknesses, his desire to show to the world that genius don't grow in congenial circumstances but they grow and flourish in such circumstances that appear almost impossible to an ordinary human being.

Interestingly, until a few years ago,he remained a poor student at school with dismal academic record. He was extremely absent minded during his childhood. He lacked confidence and stammered while interacting in English and scraped through his exams by skilfully copying from the girl ahead of him and even wrote her name on his exam.

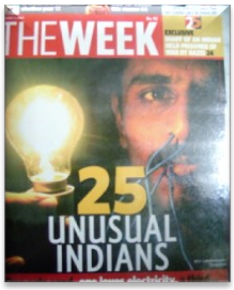
His Quest for the purpose of his life

He was tired of being 'ordinary' and decided to develop a fabulous memory. He did his B.Tech and M.tech in Computer science and Engineering and began his quest for being 'extra ordinary' and started researching on human memory. He worked extremely hard as he was determined and passionate to make his mark in the world. His friends would call him eccentric but he always had his goal in front of him.

After growing up, your proudest thoughts are about your first job, the university where you did your MBA or the first time you were drunk out of your wits. But for Virender Mehta, its thousands of hours spent memorizing the Advanced Oxford Learner's Dictionary. He sought help of Indian Scriptures, Vedas and relied more upon yoga and meditation to enhance his memory and mind power.

His Achievements

Every one of the 80,000 words in the dictionary from 'a' to 'zygote' is in his head. With the page numbers, that is. The name of this master memorizer has figured in the most reputed book LIMCA BOOK OF WORLD RECORDS for his ability to recall randomly selected words from Advanced Oxford Learner's Dictionary at an average timing of 13 seconds. For his extra ordinary achievement, he was called on the platform of World's no.1 reality show SHABAASH INDIA to display his unique talent in front of the whole world. He is the one amongst 25 Unusual Indians surveyed by THE WEEK Magazine.



महता का नाम लिम्का बुक में दर्ज
Rohtak boy knows Oxford dictionary word by word
Rohtak's memory guru pens book
Haryana Plus
Limca
Book of Records
World Record
डिक्शनरी गुरु को सम्मान
THE TIMES OF INDIA
THE WEEK
The A to Z man
This man can recall the dictionary in 13 seconds
दैनिक ट्रिब्यून
दैनिक जागरण

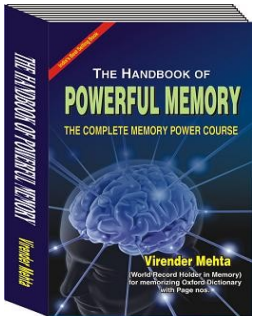
Today he is an eminent figure in all print and electronic media. He is recognized as a polished memory wizard who guides, trains and facilitates people about how to fight with their weak memory. In spite of his extremely busy schedule, he keeps his eyes consistently on the mission of his life, that is, to train every child, every student of his country by making them realize their hidden potential.

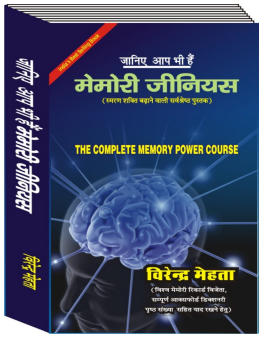
His Aim of life

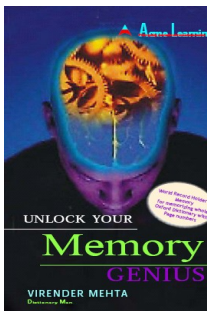
He is such a professional who not only focuses on enhancing IQ but on EQ and SQ as well which is need of the hour. He is such a dynamic,gregarious and renowned speaker and trainer who is incessantly working upon the aim of his life to take the country towards World Guru. His life is

dedicated to the noble cause of upliftment of mankind and changing their old behavioral patterns which are not yielding them any result.

His Publications







He has penned the books on enhancing memory and brain power entitled “The handbook of powerful memory”by Vasudev Publication and “Unlock your Memory Genius”published by Excel publications which have been acclaimed as India's best selling book on memory power. It has attracted feedback from the scholars and academicians from different parts of the country. If this book is kept along with other books on memory power, this one book suffices all ancient and scientific techniques and methods of memory and mind power enhancement. He has written a booklet on Vedic Math which again has got appreciation of readers and booklet on vocabulary building with mnemonics which is getting extremely popular among competitive aspirants.

TESTIMONIALS ON MEMORY GENIUS BOOK

This book is summation of the ancient practices and juxtaposes scientific interpretations, useful for students and Professionals.

Dr. B.B. Bhattacharya (VC, JNU, New Delhi)

An excellently written book by the author who himself is a Memory Wizard.

Dr. Babu Joseph (IRS- Addl. Commissioner of Income Tax, Kerala)

This book gives a big impetus to young and old to retain factual knowledge required in their daily lives and profession.

Dr. R.K Keswani (Former Director PGIMS, Rohtak)

This memory book is a real breakthrough in the field of memory techniques; it's really a miracle on mind power.

Prof.(Dr.) S.S Sangwan (VC Health University,Rohtak)

I have a belief that this mind book is what today's children are learning then it is a technique tomorrow's education leaders will be using... I think this book takes us one step closer to realizing the power of mind.

Prof.(Dr.) K.K Sinha (Emeritus Professor)

GLIMPSES OF SOME MEMORY WORKSHOPS CONDUCTED IN SCHOOLS, COLLEGES & CORPORATE

APPRAISALS ON VIRENDER MEHTA'S WORK

- **Appraisal from Managing Editor of Oxford Advanced Learners Dictionary.**
- **Appreciation from Vice chancellor of Health University, Rohtak**
- **Letter of Appraisal from Commissioner of Income Tax Dept. Kerala**
- **Letter of Appraisal from Former Vice Chancellor Dr K.L Johar GJU, Hisar**
- **Letter of Appraisal from Founder President of Amity University, Noida**
- **Appraisal from Swami ji, Akshardhaam Mandir**
- **Appraisal from Minister of Parliament, Rohtak**
- **Appraisal from Chairman of NC group of Institutions**

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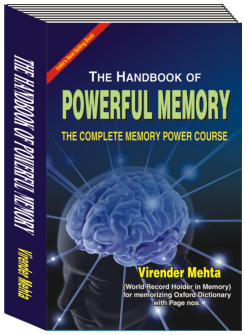
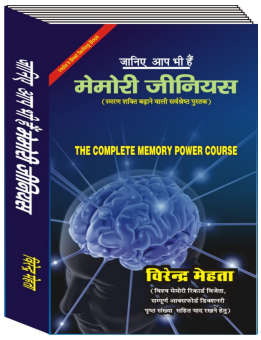
Email: thememorygenius@gmail.com
Website: www.virendermehta.com

The Handbook of Powerful Memory (Available in English & Hindi)





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1. **Description of all memory boosting concepts and methods.**
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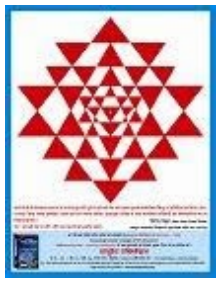
3. **Personality development from memory power.**
4. **Importance of self hypnosis, meditation and concentration power.**
5. **Techniques to remember English vocabulary.**
6. **Techniques to excel in competitive exams.**
7. **Techniques to prevent memory loss.**
8. **Techniques to be successful in interviews.**
9. **Vedic techniques to enhance memory power.**
10. **Scientific techniques to remember all subjects in academics.**

SHREE CHAKRA POSTER FOR CONCENTRATION POWER



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Description

This is called Shree Chakra Poster. This Chakra is very powerful to enhance your Memory and Concentration Power. It also symbolizes the arrival of Goddess Lakshmi. You have to paste one poster at the place where you worship, one at your working place , one at the door from which you exit so that every time you move out, you will see it and one in the study room. You have to concentrate on mid yellow dot without blinking your eyes. you will notice that your attention will go to different geometric figures. This phenomena will enhance the communication between two parts of the brain (Left hemisphere and Right Hemisphere). After this close your eyes and visualize shree chakra on your Agya chakra. Paste this Shree Chakra Poster on the wall at your eye level at the distance of around 2 feet. This Shree Chakra is the most powerful source of positive energy.
For more assistance call +91 9729094562, +91 9813558453

ONLINE TRAINING ON MEMORY POWER

ONLINE MEMORY POWER TRAINING

This is the online memory power training conducted by Virender Mehta through his powerful presentations on Skype or google hangout.

- **The Duration of Training is 5-6 hours.**
- **Free Training Material including Memory book, poster & E-books of Vedic Math and Vocabulary with Mnemonics**

Cost of Online Memory Power Training

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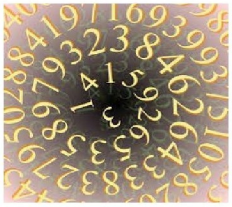

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In case you do not have a Punjab National Bank Branch in your area, you can ask your bankers to remit the amount Rs 200 /- by NEFT facility (It is almost free of cost and your bankers will be aware of that).
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